

Father's of "Do's" for Lent

1. Attend Mass daily.
2. Come to Eucharistic Adoration and Benediction on Wednesday's.
3. Soup & Bread; then Stations of the Cross at 7 p.m. on Friday's.
4. Go to confession (Wednesday's at 5:30 p.m.; Saturday's 3:30-4:30 p.m. and Sunday at 10:00 a.m.)
5. Get involved at St. Ann's.
6. Visit the sick and shut-in's.
7. Read the Bible or a meditation.
8. Bring someone back to Mass at St. Ann's.
9. Pick your greatest vice and work on it during Lent.

"Dear Jesus, I have a terrible time with this habit _____.

Please help me through the disciplines of Lent, to receive enough grace to make a lasting change. " AMEN.

10. Pray the Rosary daily.